



Preparedness Checklist

Build supplies little by little: home kit, go bag, and student comfort kit.



● Supply Planning Handout



Build in layers

Start with a **3-day go bag** for evacuation. Build toward at least **7 days at home** when possible. Some households may need more, especially for medications, medical equipment, babies, pets, or transportation limits.

1 Home kit: build toward 7+ days STAY-AT-HOME SUPPLIES

- Water:** plan for one gallon per person per day for drinking and sanitation.
- Food:** nonperishable, easy-to-prepare items + a manual can opener.
- Flashlights, extra batteries, NOAA weather radio or hand-crank radio.
- First aid kit, hygiene supplies, trash bags, wipes, paper towels, and basic tools.

2 Go bag: at least 3 days GRAB & GO FOR EVACUATION

- Medications, medical supplies, glasses / hearing-aid batteries, and copies of prescriptions.
- IDs, insurance, emergency and school contacts, proof of address, all in a **waterproof bag**.
- Phone chargers, battery pack, small cash, keys, local map, change of clothes.
- Snacks, water, comfort item, quiet activity, and headphones for each child or student.

3 People with extra needs BABIES · SENIORS · ACCESS · PETS

- Babies:** formula, bottles, diapers, wipes, baby food, comfort item.
- Seniors / medical:** equipment power plan, backup batteries, caregiver contacts.
- Disability / access:** mobility devices, communication cards, service-animal supplies.
- Pets:** food, water, medicine, leash, carrier, vaccine records, ID tag, photo.

4 Power outage & home safety LIGHTS · ALARMS · FUEL

- Charge phones and **power banks** before the storm.
- Use flashlights or battery candles; keep matches / lighters away from children.
- Install and test smoke alarms and **carbon monoxide** alarms.
- Never** run generators or charcoal grills inside or near doors, windows, or vents.

5 Budget-friendly build-up A LITTLE AT A TIME

- Start with what you already have and add **one item per grocery trip**.
- Check expiration dates **monthly** during hurricane season.
- Store supplies together in a labeled bin, backpack, or rolling bag.
- Borrow, donate, or share non-personal supplies through trusted community groups when appropriate.



What *not* to do

- Don't wait until stores are crowded to buy every supply at once.
- Don't forget special diets, allergies, pets, babies, or assistive devices.
- Don't pack expired medicine, dead batteries, or food no one can eat.
- Don't store documents where water can damage them.

● Use local emergency alerts and follow instructions from local officials.



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Preparedness Checklist

Inventory your supplies and choose the next small step.

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● Supply Worksheet

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Kit inventory

what we have · what to add

CATEGORY	WHAT WE HAVE	NEED TO ADD
Water		
Food + manual can opener		
Flashlights / radio / batteries		
Medicine / first aid / medical equipment		
Documents / cash / contacts		
Chargers / power banks		
Hygiene / sanitation		
Baby / senior / accessibility items		
Pet / service-animal supplies		
Student comfort kit		

Monthly mini-check

one small step per month

MONTH	ONE ITEM TO ADD OR CHECK	DONE?
June		<input type="checkbox"/>
July		<input type="checkbox"/>
August		<input type="checkbox"/>
September		<input type="checkbox"/>
October		<input type="checkbox"/>
November		<input type="checkbox"/>



Power safety reminder

Generators, grills, camp stoves, and fuel-burning equipment belong **outside only**. Keep generators at least **20 feet** away from doors, windows, and vents. Always use carbon monoxide alarms.

● Use local emergency alerts and follow instructions from local officials.

Educational use only. Always follow local emergency officials, school instructions, and official alerts. Sources: NOAA Hurricane Preparedness · National Weather Service hurricane safety · NOAA watch/warning definitions · Ready.gov · American Red Cross · Florida Division of Emergency Management · CDC/CPSC generator safety.