

Normalcy Kit Checklist



KIDS4KIDS REMINDER:

A Normalcy Kit should feel thoughtful, not random. Whenever possible, match items to the child's age, interests, and real needs.

A small kit that helps a kid feel seen, supported, and remembered.

A Normalcy Kit is a personalized collection of comfort, activity, school, and hygiene items selected to help a child regain routine, connection, and a sense of normalcy after a disaster.

CORE ITEMS

- ☐ Book or age-appropriate reading item
- ☐ Journal or notebook
- ☐ Pens, pencils, or art supplies
- ☐ Small game, puzzle, cards, or activity
- ☐ Hygiene items if appropriate
- ☐ School supplies if needed

PERSONAL COMFORT ITEMS

- ☐ Comfort note or encouragement card
- ☐ Sports item, team item, or hobby item
- ☐ Headphones, playlist card, or quiet activity idea
- ☐ Small toy or stuffed item for younger kids
- ☐ Gift card if appropriate and approved
- ☐ Item based on age, interests, and family situation

Normalcy Kits are not just about “stuff.” The goal is to give kids something familiar, useful, or personal when life feels disrupted.

Create a Normalcy Kit

Plan one kit with care before collecting items.

Step	Action	Done
1	Ask partner/adult what items are allowed.	☐
2	Choose age-appropriate items.	☐
3	Pack items neatly and respectfully.	☐
4	Add a kind note without making promises.	☐
5	Track kit count and delivery partner.	☐

WHO IS THIS KIT FOR?

AGE RANGE:

INTERESTS/HOBBIES:

SCHOOL NEEDS:

COMFORT OR QUIET ACTIVITY NEEDS:

ANY RESTRICTIONS OR ITEMS TO AVOID:

WHAT WILL WE INCLUDE?

USEFUL ITEM:

COMFORT ITEM:

ACTIVITY ITEM:

SCHOOL/HYGIENE ITEM:

ENCOURAGEMENT NOTE:



PRO TIP:

Avoid writing "I know exactly how you feel." A better note is: "I'm thinking of you and hoping this helps your day feel a little easier."

Student volunteers should work with a trusted adult or partner organization for collection and distribution.